



Attitude Adjustment Plan

2025 EDITION

Lela Fagan



@LelaJFagan | memoirsofablackgirl.com

ATTITUDE ADJUSTMENT PLAN — 2025 EDITION

Back to the Basics. Forward in Grace.

1. God cares more about the posture of my heart than the polish of my actions.
2. I honor my assignments even when they require sacrifice or stretch me.
3. I remain attentive — to details, to people, and to the Spirit.
4. I embrace adaptability and shift without complaint.
5. I choose patience, especially when tested.
6. I listen to understand, not to defend.
7. I release self-centered thinking; my purpose is bigger than my preferences.
8. My prosperity flows through service to God and His people.
9. Interruptions may be divine appointments designed to shape my servant's heart.
10. I pause before reacting; wisdom requires calculation.
11. I represent God with excellence wherever I go.
12. When mistreated, I respond with grace, prayer, and restraint.
13. My past does not dictate my purpose; greatness is my portion.
14. I am a servant of the Most High God, and joy rises in me when I serve with sincerity.
15. Obedience is my assignment; submission keeps me covered and aligned.
16. I do not need the last word; peace is power.
17. I confirm, not assume; clarity protects relationships.
18. I stay in my lane with humility — assisting teaches me how to lead.
19. Each day, I refine one area of my character so my life aligns with God's Word.

MONTHLY PLAN — 2025 EDITION

Back to the Basics. Forward in Grace.

1. Heart Posture Check-In

What is my heart saying this month?

Soft / Defensive / Tired / Teachable / Distracted / Expectant / Other: _____

2. Focus Area of Growth (Choose ONE of the 19 principles)

This month, I will focus on:

Principle #: ____ — _____

Why this area matters:

3. Scriptures for Strengthening

1. _____

2. _____

3. _____

4. Prayer + Posture

How I will posture my heart this month:

5. Acts of Service & Obedience

• _____

• _____

• _____

MONTHLY PLAN — 2025 EDITION

6. Grace Moments

7. Reflection & Reset

What changed in me? What challenged me?

What did God reveal? What carries into next month?

8. Monthly Declaration

This month, I move in alignment, humility, and excellence.

God is shaping my character, strengthening my obedience,
and preparing me for greater. I say yes — again.

PRAYER: A HEART REALIGNED

Father, in the name of Jesus,

Tonight I come to You with an open heart and a willing spirit.

Thank You for leading me back to the words I wrote in a season when I barely understood what You were preparing me for. Thank You for maturity, growth, and the gentle conviction that calls me back, not to shame me, but to restore me.

Lord, I submit myself again —

to You first,

to Your will,

to Your covering,

to the assignments You've entrusted me with.

Purify my heart as I serve.

Let my worship be sincere.

Let my ministry, whether on the platform or behind the scenes, carry oil and fruit.

Let every child I encounter, every song I sing, every task I complete, be done with a spirit of excellence and humility.

Protect me under the shadow of Your authority.

Correct my posture.

Strengthen my obedience.

Remind me that submission is not weakness — it is wisdom, safety, and alignment.

Father, breathe on this season of return.

Reignite my devotion.

PRAYER: A HEART REALIGNED

Renew my joy in serving.

Restore the purity of my yes.

And as You move —

teach me to follow with grace,

with confidence,

and with a heart anchored in You alone.

In Jesus' name,

Amen.